

[PDF] Present Over Perfect Study Guide: Leaving Behind Frantic For A Simpler, More Soulful Way Of Living

Shauna Niequist - pdf download free book



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Description:

In this five session video Bible study (DVD/digital video sold separately), New York Times bestselling author Shauna Niequist invites you on a journey that changed her life. She will walk a path with you,

a path away from frantic pushing and proving, and toward your essential self, the one you were created to be before you began proving and earning of your worth.

Shauna will help you begin leaving behind busyness and frantic living and rediscovering the person you were made to be. *Present Over Perfect* is a hand reaching out, pulling you free from the constant pressure to perform faster, push harder, and produce more, all while maintaining an exhausting image of perfection. She offers an honest account of what led her to begin this journey, and a compelling vision for an entirely new way to live: soaked in grace, rest, silence, simplicity, prayer, and connection with the people that matter most to us.

The study guide includes first thoughts, video notes, group discussion questions, practicing presence reflections, and solo work for you to complete between sessions.

Sessions include:

1. Pain Points
2. The Roles We Play
3. Yes, And No
4. Unflashy, Unspectacular, Good
5. Living the Love

Designed for use with the *Present Over Perfect Video Study* 9780310816034 (sold separately).

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