

[PDF] Life's Greatest Lessons Or, 20 Things I Want My Kids To Know

Hal Urban - pdf download free book

Books Details:

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Author: Hal Urban

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Description:

From Publishers Weekly Urban, a psychology Ph.D. specializing in "peak performance," draws on his own life experiences, wisdom imparted by his mentors and basketball coaches, observations of high school and college students, and the writings of other self-help gurus like Stephen Covey and M. Scott Peck to compile this catechism of conventional truisms. According to Urban, life's great lessons are exactly what you always dreaded they'd be (they're also his chapter titles): life is hard and not always fair; there's no substitute for hard work; you have to give up something to get something. Although slightly disdainful of the hug-happy self-esteem movement, Urban does insist that we all have a potential to live up to. Fortunately, since "attitude is far more important than intelligence, education, special talent, or luck," with enough positive thinking success is virtually assured—as long as we buckle down, set goals and stick with them, manage our time efficiently and

find Jesus Christ or some other kind of spiritual content to nourish our lives. Urban is an ex-high school teacher, a self-admitted former "growth junkie" and a leader of the "character education" movement, and is thus awash in good lessons; his prose, though, tends toward the bland and platitudinous, which may make the lessons hard for some to swallow.

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Review Rabbi Harold Kushner author of *When Bad Things Happen to Good People* A wise and wonderful book. It will enrich anyone who reads it.

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Pat Croce author of *I Feel Great and You Will Too!* and *110% Life's Greatest Lessons* helps to unlock your mind to a treasure chest of life's opportunities and possibilities.

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